ΕN

2021/2022 St. Anton





100 years SKISCHULE ARLBERG



www.skischule-arlberg.com info@skischule-arlberg.com T +43 5446-3411









- OUR MISSION
 Perfect teaching & guiding.
- OUR TERRAIN
 On & off-piste.
- OUR PRINCIPLE

 It's all about snow!

We celebrate our birthday!

SKI SCHOOL ARLBERG STANDS FOR TRADITION SINCE 1921/1922.

Since photos were in black and white, people have been making fresh trails in the Arlberg snow: Hannes Schneider, the most famous ski pioneer in the world, founded the Ski School Arlberg in 1921.

Today's Ski School Arlberg is a modern service provider.

Whether it's skiing, snowboarding, Children's World, crosscountry skiing, on and off-piste guiding or Funsport, the Ski School Arlberg stands for optimal support and individual tuition.

Since the founding of the Arlberg Ski School some things have not changed to this day: THAT IS OUR PASSION FOR SNOW SPORT!

With almost 380 locally and internationally qualified snow sport instructors, the Ski School Arlberg is the largest in Austria.

Welcome to the Ski School Arlberg.

Yours, Richard Walter Head of the Ski School Arlberg





- For ALL course participants the ski pass and ski equipment are NOT included in the price. For children and adult beginners we do not recommend buying a ski pass on the first day.
- The time taken to sort the groups for both adults and children is not deducted from the tuition time.
- Required equipment for kids: helmet, safety vest for all children up to 9 years € 5,— Recommended: back protector



Quality Award - Snowsport Tirol

Only the best Tyrolean ski schools are presented with the "Quality Award - Snowsport Tirol". They must undergo strict controls by an independent commission and score high points for quality.

The "Quality Award" = excellence!

The Ski School Arlberg App!

For information on the Ski School Arlberg, online shop, weather, livecams, piste and cable car status, avalanche reports and much more.

Simply scan the QR Code to download the App.



Service Hotline +43 660 2485810 5:00 pm to

REGISTRATION

Main office St. Anton & pedestrian zone T +43 5446-3411 Office Nasserein T +43 5446-2738 Office St. Christoph T +43 5446-2151

More information as well as opening hours can be found on the pricelist inside the folder.

Note! Separate folder for St. Christoph

SKI AND SNOWBOARD COURSE **FOR ADULTS**

- Course start: 09:30 am, daily excl. Fridays and Saturdays;
- Course duration: 2 hours before noon
 - 2 hours afternoon
 - 1 hour lunch break
- Meeting point: the assembly points are located at the respective ski schools in St. Anton (opposite the Gampen chairlift) and in Nasserein (opposite the Nassereinbahn).
- Beginners' course: SUN and MON. Guests that can already ski or snowboard can start any day (excl. FRI and SAT)
- Grouping according to ability: 09:30 am at the respective assembly points
- Minimum participants: 5 persons per group (More information on page 10)

Attention: No off-piste groups in Nasserein! Meeting point for off piste groups at the main (black flag)

SKI COURSES FOR CHILDREN

Bambinis (3 years)

- Course start: 10:00 am or 01:00 pm, every day except Saturdays
- . Meeting point: Children's World of the Ski School Arlberg in St. Anton - opposite the Gampen chairlift at the green Hoppl-flag in the children's area
- Beginning of the course for beginners: SUN and MON
- Minimum participants: 5 children per group

• Bambini Programme:

Full day programme – Combinaton of fun and snow:

4 hours daily (excluding saturday) from from 10.00 am till 12.00 noon and 01.00 pm till 03.00 pm

Morning programme – Outdoor programme (without ski):

2 hours daily (excluding saturday) from 10.00 am till 12.00 noon

Afternoon – Bambini ski course (with ski):

2 hours daily (excluding saturday) from 01.00 pm till 03.00 pm

Minis (4 years)

- Course start: 10:00 am, daily excluding Saturdays;
- Course duration: 2 hours before noon, 2 hours afternoon, 1 hour lunch break
- Meeting point: in the Children's World of the Ski School Arlberg - St. Anton (opposite Gampen chairlift – at the green Hoppl-flag in the children's area) and in Nasserein (at the green Hoppl-flag in the children's area).
- Beginners' course: SUN and MON
- Grouping according to the children's abilities: 10:00 am at the relevant assembly points
- Minimum participants: 5 children per group

Juniors (5 – 11 years) and Teens (12 – 17 years)

- Course start: 09:30 am, daily excluding Saturdays;
- Course duration: 2 hours before noon, 2 hours afternoon, 1 hour lunch break
- Meeting point: at the assembly point of the Children's World in St. Anton (opposite the Gampen chairlift) and in Nasserein at the children's area (bottom lift).
- Beginners' course: SUN and MON. Children that can already ski can start any day (excl. Saturdays)
- Grouping according to the children's abilities: 09:30 am at the relevant assembly points
- Minimum participants: 5 children per group

(More information on page 12)

PRIVATE COURSES as well as ON- AND OFF PISTE GUIDES

stand for optimal care and individual tuition. Experience the most beautiful places of the Arlberg together with your private instructor or guide.

(More information on page 20) daily, including Saturdays



- For ALL course participants the ski pass and ski equipment are NOT included in the price. For children and adult beginners we do not recommend buying a ski pass on the first day.
- The time taken to sort the groups for both adults and children is not deducted from the tuition time.
- Required equipment for kids: helmet, safety vest for all children up to 9 years € 5,-Recommended: back protector



Quality Award - Snowsport Tirol

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DEAR GUESTS!

Covid 19 is going to keep us busy for even longer! Despite everything, we are optimistic about the winter season 2021-2022.

At the Ski School Arlberg, the health and wellbeing of our guests are very important to us. For this reason, we will continue to attach great importance to compliance with any regulations or hygiene measures in the coming season.

As the guidelines are constantly changing, it is possible that certain information in this brochure may no longer be up to date during the winter and will have to replaced by new information, measures etc.

We thank you for your understanding.

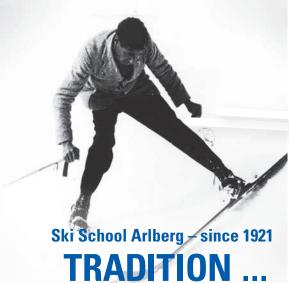
Ski School Arlberg



More information about the Corona Measures on our website www.skischool-arlberg.com













SKI COURSES



Or extend booking from the 2nd day for € 64.- per day

Whether beginner or advanced, we can help you improve your technique, so you can enjoy your winter holiday with joy and fun. In our off piste groups, Guiding with a focus on safety is our priority.

SNOWBOARD COURSES

Snowboarding is the winter sport for kids, teenagers and the young at heart. No matter if you are a beginner, an advanced boarder or an off-piste-boarder, we offer a well balanced programme for everyone.



Satisfaction Guarantee: If you are not satisfied on the first day with your ski or snowboard lessons, there is, of course, the option to move (on that day) to another group. If, despite

moving groups, the lesson still does not suit you, we can return your money to you at the end of the day.

This means: you can attend a snowboard and ski course without risk.

GROUPING SKI/SNOWBOARD

GREEN	BLUE	RED	BLACK
Ski			
Ski novice Snow plough	Snowplough turns Plough steering	Parallel ski turn – long/short radius	Carving – long/ short radius Terrain: mogul piste, deep snow, etc.
Snowboard			-
Snowboard novice	Drift Turn upright Tilt Turn	Drift Turn deep Carving upright deep Short turns	Short turns upright Terrain: mogul piste, deep snow, etc.



More detailed Information about the ability levels on www.skischule-arlberg.com





More information about the courses on the fold-out-part of the title-page!
The price list can be found inside the Folder!



NOTE:

Off piste you need: transceiver, backpack with shovel and probe. Recommendation: Airbag Safety equipment is included in the price

DER CLUB FÜR KINDER



CHILDREN'S WORLD

Hello I am Hoppl!
On the way to the piste
I got lost in deep snow.
Can you dig me out?

CHILDREN'S WORLD

THE CLUB FOR KIDS

Enjoy your holiday while your children are in the best hands! The Children's World offers a richly varied weekly programme. Specially trained and experienced child carers will ensure that your child feels happy with us.

CHILDREN'S WORLD ST. ANTON

T +43(0)5446-3411-27 Location: opposite

Gampen chairlift

CHILDREN'S WORLD ST. CHRISTOPH

T +43(0)5446-2151

Note: Only small groups!
(Group lessons on request)



CHILDREN'S WORLD NASSEREIN

T+43(0)5446-2738

Location: in the base station of the Nasserein cablecar

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SKI-KINDERGARTEN

FROM 2 ½ YEARS

Dear parents,

Due to the current regulatory situation on COVID-19 and the associated conditions, unfortunately we are not in a position to offer a pure kindergarten service for our smallest guests during the 2021/22 season beyond the spectrum of ski lessons and supervision in the Kinderland.

We ask for your understanding of this decision, which we have made solely to ensure the highest possible safety for our youngest guests.

We are very confident that our full kindergarten programme will return in the winter season 2022/23 at the latest.



BAMBINIS

Our Bambini offer can be booked for children with 3 years as a full-day or half-day program. (Only in the children's world of the Arlberg ski school in St. Anton - opposite the Gampen 4-chairlift - by the green Hoppl flag in the children's area). (The children must be out of diapers).

Morning: Outdoor programme (10.00 - 12.00) without skis Snowman party, children's carousel, various games with our mascot Hoppl are some of the many highlights in our Bambini programme.

We recommend warm winter clothing with gloves and hat, sunglasses or ski goggles. Dear parents - don't forget cold cream or sun protection!

Afternoon: Bambini skicourse (13:00 - 15:00) Incorporating a balanced mixture of skiing, playing and entertainment, the "ski toddlers" learn how to create their first steps on skis.

Full day programme – Combinaton of fun and snow:

€ 101.- (without lunch) per child/day.

Outdoor programme – without ski

€ 62.- (without lunch) per child.

Afternoon – Bambini skicourse (with Ski)

The price list can be found inside the Folder!

For kids we also offer lunch and drinks as well as entertainment and child care € 18,– per day.

MINIS

ALL-DAY PROGRAMME FOR 4 YEAR OLDS



Or extend booking from the 2nd day for € 64.- per day

Meeting Point: In the Children's World of the Ski School Arlberg - St. Anton (opposite Gampen chairlift) – at the green Hoppl-flag in the children's area and in Nasserein (at the green Hoppl-flag in the children's area).

Children meet their ski instructors daily at 10:00 am (excluding Saturday). Children attempting skiing for the first time are playfully familiarised with the snow. This means that during their ski lesson we offer them plenty of breaks and keep them motivated with games and coordination tasks.



More information about the courses on page 4! The price list can be found inside the Folder!

JUNIORS FROM 5 TO 11 YEARS



Or extend booking from the 2nd day for € 64.- per day

World champions do not fall from heaven.
Our course programme for kids from age 5 is specifically tailored to the needs of children. Whether beginner or advanced, fun and games, specially adapted to the abilities of the children, are the essential elements in our children's ski school.

GROUPING - CHILDREN FROM 5 YEARS

GREEN	BLUE	RED
Ski novice	Making turns/ Plough turns	Parallel turns – long/short radius



More detailed Information about the ability levels on www.skischule-arlberg.com



NOTE:

- For ALL course participants the ski pass and ski equipment are NOT included in the price.
- For all children born in 2014 and later there is a season ski pass (snowman card € 10,-).
- For beginners we do not recommend buying a ski pass for the first ski day.
- Required equipment for kids: helmet, safety vest for all children up to 9 years € 5,— Recommended: back protector





More information about the courses on page 4! The price list can be found inside the Folder!



HOPPL SHOP



Hoppl Mascots, kids' backpacks, baseball caps, T-shirts, etc. available in all offices of the Ski School Arlberg.

LUNCH

12:00 NOON TO 1:00 PM

While you enjoy your day of skiing, we offer your children a well-balanced and varied lunch menu with drinks, entertainment and support from our snow sports instructors.

The children's ski school restaurants in St. Anton - Central, in Nasserein, on Gampen, Galzig and Rendl are reserved exclusively for our ski school children.

NOTE! Parents must collect all children who are not booked in for lunch.



CHILDREN'S SKI RACE

EVERY FRIDAY WITH PRIZE-GIVING. (SUBJECT TO CHANGE)

TEENS FROM 12 TO 17 YEARS



Our special programme for teens from 12 to 17 years, from beginners to top riders, is tailored to the needs of young people. In the foreground is **fun with sport!**

ABILITY LEVELS TEENS

GREEN **BLUE** RFD **BLACK** Freestyle Ski: Making turns/ Parallel turns Carving -Plough turns – long/short long/short radius radius Terrain: mogul piste, deep snow, etc.



More detailed Information about the ability levels on www.skischule-arlberg.com





More information about the courses on page 4! The price list can be found inside the Folder!

FREISTILCONTEST EVERY FRIDAY

With judges and prize ceremony for snowboarders, freeriders and newschoolers. Included in price.



Freeriding - Newschool - Fun

The freestyle programme is just for advanced skiers!

Skiing in all areas and snow conditions is just as important to this programme as deep snow skiing, mogul pistes and race training. The kids will also be introduced to our Freeride and Freestyle programmes.

Trend sports such as New School, Ski Fox and Snow Bike are also included.





OFFERS FOR SKI AND SNOWBOARD

PRIVATE INSTRUCTOR

Personal and individual service.

Whether you're a beginner, intermediate or expert a private tutor for ski, snowboard, cross-country, Telemark, snow shoe hiking, etc. is the most effective way to improve your skills.

Thanks to our extensive experience, we can offer you a customised snow sports experience. Learn, improve and perfect your technique solo, with family or with friends.

Our secret tip: Enjoy many exclusive advantages by becoming a Member of the Gold Club.



ON-PISTE GUIDING

Let local, experienced ski or snowboard guides show you the best slopes and take advantage of their tips and tricks to help you manage the descents with ease. Your well-being as well as the enjoyment and the shared experience of the wonderful mountains are important to us.

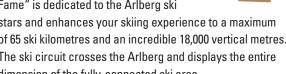
RUN OF FAME

(Full day, approx. 6 hours)

The Ski Circuit in the Arlberg!

The Flexenbahn has created a spectacular ski circuit: The "Run of Fame" is dedicated to the Arlberg ski

stars and enhances your skiing experience to a maximum of 65 ski kilometres and an incredible 18.000 vertical metres. The ski circuit crosses the Arlberg and displays the entire dimension of the fully-connected ski area.



The price list can be found inside the Folder!

Safety is our TOP priority! Guiding you safely through the day is our highest aim!

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RUN of FAME



OFF PISTE GUIDING

Our off-piste guides (state-certified ski/snowboard instructors, ski/snowboard guides and mountain guides) offer you the fascination of a freeriding experience. Whether a beginner or an expert, tourer or Freerider – from guided tours to Freeride Camp or Heliskiing, we have the right programme for you.

Off-piste guiding in the Arlberg offers an intense back-country adventure where you can experience the fascination of freeriding and enjoy the most beautiful places in the area - all with your personal guide.

"Maximize your Snow Adventure" with a Ski School Arlberg private guide

If you have discovered a passion for deep snow and wish to improve your off-piste technique, or would just like to enjoy the pristine slopes of the Arlberg, you are in the right place for off-piste guiding and a Freeride programme.

The price list can be found inside the Folder!

NOTE:

Safety equipment is included in the price (transceiver, backpack with shovel and probe). Recommendation: Airbag



POWDER CLUB PROGRAMME

(Off Piste Guiding – full day, approx. 6 hours)

If you already are a group of 4 or more persons (max. 7) and all have the same ski or snowboard ability then we have the perfect offer for you:

- Introduction to snow and avalanche awareness
 Correct interpretation of the avalanche report, meteorology, snow and avalanche awareness, danger signs in the terraine
- Description of safety equipment
 Explanation of emergency equipment and handling Transceiver search
- **▶** Correct alpine conduct

BLUE	RED	BLACK
Powder light Level 3 Prerequisite is: Skiing: parallel skiing Snowboard: drift turn high-low	Powder intermediate Level 2 Prerequisite is deep snow experience	Powder expert Level 1 Prerequisite is a very good deep snow technique



More detailed Information about the ability levels on www.guides-am-arlberg.com





as well as challenging ski tours and snowboard tours that will delight you.

THE GREAT ARLBERG TOUR

(Full day, approx. 6 hours)

If you're looking for a guided off-piste challenge then the Great Arlberg Tour is perfect for you. On this tour we only travel off-piste – away from the maintained runs (when the situation allows it). It's a different way to get to know the Arlberg.

ROUTE: St. Anton – Valluga – (Pazültal) – Zürs – Zug (Madloch) - Oberlech - Lech - Zürs - Stuben -Albona (Maroi) - St. Anton

(Subject to change)

NOTE: Only for very good skiers or snowboarders.

HELISKIING / HELIBOARDING

(Full day, approx. 6 hours)

Fancy something different? Heliskiing or Heliboarding in the Arlberg area offers the perfect opportunity for a special experience for both skiers and snowboarders.



NOTE: Only for very good skiers or snowboarders!

The price list can be found inside the Folder!

Safety is our TOP priority! **Guiding you safely through the day** is our highest aim!



CROSS-COUNTRY SKIING

Cross-country skiing is the best winter sports exercise to stay fit. The Ski School Arlberg offers cross-country skiing courses with private instruction for beginners and advanced in the classical cross-country style and also in the modern skating technique. On individual courses you will learn the correct method to enable you to explore the Loipe network of the Arlberg area safely, easily and enjoyably.

SNOWSHOE WALKS

Experience nature! Walk with us on snowshoes through the wintry countryside of the Arlberg. Snowshoes and poles can be rented at the ski school.

TELEMARK

Telemark is a style of skiing which is considered to be the original method of getting down the Arlberg slopes. More and more people are attempting to glide down the slopes in this elegant and dynamic style. However, anything which looks easy must still be learned - the ski instructors of the Ski School Arlberg are here to help.

FUNSPORT

Snowfox, Skibike, Scooter or Shortcarver: The new winter fun has many names. Look forward to a great time on the snow.

Specials are only offered within private lessons. Prices on request.

ARLBERG INCENTIVES

EVENTS+ more

Conferences, seminars, team building events, incentives and much more. It's not always about meetings. We create a very special experience for your employees, customers and partners and organize a top event.

SEMINARS & INCENTIVES

The combination of a company seminar with a sporting event, paired with a breath of adventure is enjoying increasing popularity. We can plan, organise and fulfil your seminars and incentives.

WE CAN ORGANIZE FOR YOU:

Conferences, seminars, advertising events, product presentations, fun and active adventure weekends, celebrations and events, training camps, customers and quest ski races, trade fairs, shows, children's parties, etc.

- **√** Long-standing experience
- **√** Everything on hand
- √ Planning in every detail
- **√** Versatility & creativity

Skischule Arlberg, T +43 5446-3411 info@events-more.at, www.events-more.at

